



## ARC Physical Therapy+ Job Description

**Position:** Physical Therapist  
**Reports to:** Clinic Director  
**FLSA Status:** Exempt  
**Last Revision:** July 19, 2013

Founded in 2003, ARC Physical Therapy+ started as a physical and occupational therapy company but has grown into the region's foremost wellness, injury prevention and rehabilitation company – a healthy workforce company. To learn more about our company visit [www.arcpt.com](http://www.arcpt.com).

ARC is an equal opportunity employer and does not discriminate on the basis of age, race, religion, color, sex, national origin, marital status or physical or mental disability. In compliance with the Immigration Reform and Control Act of 1986, we will hire only U.S. citizens and aliens lawfully authorized to work in the United States (if the position is or will be one which is subject to U.S. law).

### **Position Purpose:**

This position is responsible for the evaluation and progression of treatment of patients of all ages and abilities suffering from injuries or illnesses affecting physical functionality. The ideal Physical Therapist must also be able to demonstrate the following:

#### Personal Attributes:

- Strong interpersonal skills
- Good written and oral communication skills
- Proven analytical and problem solving skills
- Strong sense of compassion
- Ability to demonstrate patience
- Highly self motivated and directed
- Ability to effectively prioritize and execute tasks in a high-pressure environment
- Experience working in a team-oriented, collaborative environment

#### Essential Duties and Responsibilities:

- Plans and administers medically prescribed physical therapy treatment for patients suffering from injuries, or muscle, nerve, joint and bone diseases, to restore function, relieve pain, and prevent disability.
- Reviews physician's referral (prescription) and patient's condition and medical records to determine physical therapy treatment required.
- Tests and measures patient's strength, motor development, sensory perception, functional capacity, and respiratory and circulatory efficiency, and records findings to develop or revise treatment programs.
- Understand the unique features, rules, and regulations, of the Workers Compensation system as they relate to patient care, documentation, treatment and communication to ensure excellent outcomes for that patient population.
- Understand ARC's lines of service, how to perform and recommend them, teach and progress patients, document and communicate results to clients as needed.
- Plans and prepares written treatment program based on evaluation of patient data.
- Administers manual exercises to improve and maintain function.
- Instructs, motivates, and assists patient to perform various physical activities, such as non-manual exercises, ambulatory functional activities, daily-living activities, and in use of assistant and supportive devices, such as crutches, canes, and prostheses.
- Administers treatments involving application of physical agents, using equipment, such as hydrotherapy tanks and whirlpool baths, moist packs, ultraviolet and infrared lamps, and ultrasound machines.
- Evaluates effects of treatment at various stages and adjusts treatments to achieve maximum benefit
- Administers traction to relieve pain.
- Records treatment, response, and progress in patient's chart and electronic medical record.



- Instructs patient and family in treatment procedures to be continued at home.
- Confers with physician and other practitioners to obtain additional patient information, suggest revisions in treatment program, and integrate physical therapy treatment with other aspects of patient's health care.
- Completes all required patient documentation, charging and communication with all team members, internal and external, in a complete, efficient and appropriate manner.
- Orients, instructs, and directs work activities of assistants.
- Performs other position-related duties as assigned, depending on assignment setting

#### Other Responsibilities

- Complete required company orientation
- Follow clinic and OSHA safety rules and procedures
- Uphold HIPAA regulations
- Punctual and dependent for assigned shifts

#### **Position Requirements**

- Graduate of an accredited PT program
- Current PT license, in good standing with the State licensing board
- Cognitive skills as related to the position

#### **Working Conditions**

The job is physically demanding. Physical Therapists are required to stand for long periods of time. They spend considerable time stooping, kneeling, bending and crouching. PTs move heavy equipment. They assist with patient transfers and lifts or help them turn, stand or walk. So, to guard against back injury, they must follow proper body mechanics and procedures for lifting/moving patients.

#### **Physical Demands**

- Ability to lift forty (40) pounds.
- Ability to stand for extended periods
- Fine motor skills
- Visual acuity

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. While performing the duties of this job, the employee is regularly required to stand and talk or hear. The employee is frequently required to walk; use hands to finger, handle, or feel; and reach forward with hands and arms. The employee is occasionally required to sit and stoop, kneel, or crouch. The employee must frequently lift and/or move up to 40 pounds.

Specific vision abilities required by this job include close vision, distance vision, color vision, peripheral vision, depth perception, and ability to adjust focus.

Physical Demand Ratings are an estimate of the overall strength requirements that are considered to be important for an average, successful work performance of a specific job. In order to classify the occupation of a worker with a physical demand rating, the most strenuous and frequently performed tasks are evaluated.

Note: This document describes the general nature and level of work required of people assigned to this job. It is not tended to be an all-encompassing list of responsibilities, duties, and skills. Additional duties or job functions that can be performed safely may be required as deemed necessary by supervisory personnel. The employee must adhere to all work rules, procedures, and policies established by the company, including, but not limited to, those contained in the employee handbook.

**How to apply for this position?**  
**Send your contact information and a resume to [employment@arcpt.com](mailto:employment@arcpt.com)**