



ARC Physical Therapy+ Job Description

Position: Certified Hand Therapist/Occupational Therapist
Reports to: Clinic Director
FLSA Status: Exempt
Last Revision: January 5, 2016

Founded in 2003, ARC Physical Therapy+ started as a physical and occupational therapy company but has grown into the region's foremost wellness, injury prevention and rehabilitation company – a healthy workforce company. To learn more about our company visit www.arcpt.com.

ARC is an equal opportunity employer and does not discriminate on the basis of age, race, religion, color, sex, national origin, marital status or physical or mental disability. In compliance with the Immigration Reform and Control Act of 1986, we will hire only U.S. citizens and aliens lawfully authorized to work in the United States (if the position is or will be one which is subject to U.S. law).

Position Purpose:

This position is responsible for facilitating the development and rehabilitation of patients with physical disabilities by planning and administering medically prescribed occupational therapy. The ideal Occupational Therapist must also be able to demonstrate the following:

Essential Duties and Responsibilities:

- Provides quality care by assessing and interpreting evaluations and test results; determining occupational therapy treatment plans in consultation with physicians or by prescription.
- Helps patient develop or regain physical functioning or adjust to disabilities by implementing programs involving manual techniques, practice in functional, prevocational, vocational, and homemaking skills, activities of daily living, and sensorimotor, educational, recreational, and social activities.
- Promotes maximum independence by selecting and constructing therapies according to individual's physical capacity, intelligence level, and interest.
- Understand the unique features, rules, and regulations, of the Workers Compensation system as they relate to patient care, documentation, treatment and communication to ensure excellent outcomes for that patient population.
- Understand ARC's lines of service, how to perform and recommend them, teach and progress patients, document and communicate results to clients as needed.
- The ability to recommend, make, adjust, fit, educate usage of, document and communicate on any splints, dynamic and static, requested for the upper extremity.
- Plans and prepares written treatment program based on evaluation of patient data.
- Evaluates effects of treatment at various stages and adjusts treatments to achieve maximum benefit.
- Records treatment, response, and progress in patient's chart and electronic medical record.
- Instructs patient and family in treatment procedures to be continued at home.
- Confers with physician and other practitioners to obtain additional patient information, suggest revisions in treatment program, and integrate occupational therapy treatment with other aspects of patient's health care.
- Maintains professional and technical knowledge by attending educational workshops; reviewing professional publications; establishing personal networks; participating in professional societies.
- Completes all required patient documentation, charging and communication with all team members, internal and external, in a complete, efficient and appropriate manner.
- Complies with federal, state, and local legal and certification requirements by studying existing and new legislation; anticipating future legislation; enforcing adherence to requirements; advising management on needed actions.
- Contributes to team effort by accomplishing related results as needed.
- Orients, instructs, and directs work activities of assistants.
- Performs other position-related duties as assigned, depending on assignment setting



Personal Attributes:

- Strong interpersonal skills
- Good written and oral communication skills
- Proven analytical and problem solving skills
- Strong sense of compassion
- Ability to demonstrate patience
- Highly self-motivated and directed
- Ability to effectively prioritize and execute tasks in a high-pressure environment
- Experience working in a team-oriented, collaborative environment

Other Responsibilities

- Complete required company orientation
- Follow clinic and OSHA safety rules and procedures
- Uphold HIPAA regulations
- Punctual and dependent for assigned shifts

Position Requirements

- Graduate of an accredited OT program
- Current OT and CHT license, in good standing with the State licensing board
- Cognitive skills as related to the position

Working Conditions

The job is physically demanding. Occupational Therapists are required to sit or stand for long periods of time. May spend time stooping, kneeling, bending and crouching. They assist with patient transfers and lifts or help them turn, stand or walk. So, to guard against back injury, they must follow proper body mechanics and procedures for lifting/moving patients.

Physical Demands

- Ability to lift forty (40) pounds.
- Ability to stand for extended periods
- Fine motor skills
- Visual acuity

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. While performing the duties of this job, the employee is regularly required to stand and talk or hear. The employee is frequently required to walk; use hands to finger, handle, or feel; and reach forward with hands and arms. The employee is occasionally required to sit and stoop, kneel, or crouch. The employee must occasionally lift and/or move up to 40 pounds.

Specific vision abilities required by this job include close vision, distance vision, color vision, peripheral vision, depth perception, and ability to adjust focus.

Physical Demand Ratings are an estimate of the overall strength requirements that are considered to be important for an average, successful work performance of a specific job. In order to classify the occupation of a worker with a physical demand rating, the most strenuous and frequently performed tasks are evaluated.

Note: This document describes the general nature and level of work required of people assigned to this job. It is not tended to be an all-encompassing list of responsibilities, duties, and skills. Additional duties or job functions that can be performed safely may be required as deemed necessary by supervisory personnel. The employee must adhere to all work rules, procedures, and policies established by the company, including, but not limited to, those contained in the employee handbook.

How to apply for this position?
Send your contact information and a resume to employment@arcpt.com